

**SCOTCH PLAINS-FANWOOD HIGH SCHOOL
RAIDERS CROSS COUNTRY
DIRECTIONS TO CEDAR BROOK PARK**

Directions to Cedar Brook Park, Plainfield:

- Cedar Brook Park is off Park Ave in the south side of Plainfield, near the South Plainfield border.
- It is a few blocks south of Muhlenberg Hospital.
- There are a variety of ways to get to the park from Scotch Plains and Fanwood.
- One suggestion is to take LaGrande Ave from Fanwood into Plainfield.
- LaGrande Ave becomes E. 7th St in Plainfield.
- Make a left at the traffic light onto Woodland Ave (Maxson Middle School will be at that intersection).
- Make a right off of Woodland Ave onto South End Parkway.
- This road will take you straight into the park.
- There will be a traffic light right at the park entrance with a sign for Cedar Brook Park on the left hand side of the road and Hartwyck (a nursing home) on the right hand side of the road.
- South End Parkway changes names to Park Dr once you go through the light and into the park.
- Park in the first parking lot you reach; it will be on the right-hand side of the road.